



A Motivation World Wide performance development program

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## Motivation WorldWide

At mww we have the answer for all your conference and people development needs.

It is our belief that people possess an equivalent amount of potential. In our experience what is often missing is the **knowledge, skill and motivation** necessary to realise that potential. It is our mission to offer every individual, team or organisation we work with the best chance possible of achieving success.

## Boars Head

The ultimate way to see the Australian bush, and bond with your team, this scenic spectacular is a world class program right in our Australian Blue Mountains.

View a video of this activity at: <http://www.motivationww.com/programmeoptions/boarshead.html>

## The Activity

Your mission is to take on the 'Boars Head Decent'. Boars Head is an exciting five stage, multi-pitch abseil descent that is guaranteed to take you and your team out of their comfort zones. mww has designed the program to accommodate all ages and fitness levels with exit options for all participants, at differing stages of the descent. From the moment you leave the car park you are on an adventure!

## Unparalleled Programs and People

Our personnel are **professional**, team programme leaders and facilitators who have worked extensively in the area of **performance enhancement**. With our training, equipment, systems and processes - unmatched anywhere in the world - you will have an **amazing experience**, confident in your knowledge that you are in the most **capable of hands**.

- > **Simon Small** is our Director Client Solutions – He is degree qualified in Human Resources, Adult Education and Coaching. A former army officer, his broad theoretical knowledge and practical experience offers an unequalled ability to facilitate learning and behavioural change in the experiential environment.
- > **John O'Brien** is a contractor in Adventure and Team Building. In 15 years of contracting to corporate, educational and community training organizations **John has safely dispatched well over 35,000 abseilers**. That's a lot. John has gained repute as a major developer of sport rock-climbing in Queensland, putting up over 1,000 meters of new routes in one year alone. **You are unlikely to find anyone with more corporate adventure training experience.**

## Sample Itinerary

### Day 1

The team departs Sydney in your chartered Coach travelling towards the Blue Mountains. Enroute teams visit the Penrith Lakes Olympic White Water Rafting Facility. A 10:00am start has the group undertaking a two hour rafting and teaming programme. The perfect way to break the ice and get people into to conference mode, this is a must. Have lunch at the facility café, departing by 12:40 pm.

You will arrive at Katoomba at approx 2:00 pm, meeting at Cahill's Lookout. Final preparations are completed and you are on your way to your adventure. Following a short drive to Cahill's Lookout, we gear up and take the short walk to the start of the Boar's Head Multi Pitch Abseil decent.

### *The adventure begins...*

With your challenge safely complete, we drive to our accommodation at Jembyrinjah Lodge for some rest and recovery and a special celebration dinner. That evening an informal "hot" debrief is conducted around the fire pit.

### Day 2

This morning debrief and action planning workshops includes a "cold" activity debrief. This session ensures the lessons learned during this experience are translated to modified workplace behaviour. Stay and undertake planning or in-house workshops and return to Sydney at your leisure.

### Estimated pricing (Based on 10 participants):

*Price on application.* Dependant on programme options selected and group numbers.

- > Professional fees:
  - o 2 x mww facilitators for 2 days
- > Administration fees (coordinated by mww, but paid by you at cost):
  - o air ex your capital city,
  - o all transfers in NSW,
  - o group share accommodation
  - o meals (L, D, B, L),
  - o rafting (including wetsuits in winter),
  - o mww staff travel costs

\* All prices do not include GST or Alcohol and are subject to booking restrictions



## What they have had to say...



### **John Clothier, State Manager QLD, Colonial First State**

I must admit that I was pretty conscious of the dollars being shelled out, however looking back I think that without a doubt we received value for money on our trip to Boars Head!

My inability to articulate accurately and do justice to the event is the only thing holding me back from writing a novel! I kept the event a secret from the team so meeting at the office at 6:00 am for further instructions was all people were prepared for. No one had any idea what they were about to challenge themselves with, and 12 hours later - achieve!

To say that emotions ran high would be a complete and utter understatement! I must say a huge thank you to yourself and simon and the broader team for firstly structuring such a magnificent day, and more importantly running such an exhilarating, bonding and session. Your teams nature and manner in which they deal with novices through to experts (in their own minds) is magnificent. The reassurance in these types of environments is very comforting.

We were all at some stages a shade outside our comfort zone (except me of course!), however the feeling of achievement at the end of the day was amazingly satisfying.

You can rest assured that I for one will not be backward in talking your praises.

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### **Peter Morahan, MD Moreton Hire**

"Nothing succeeds like success".....Coming with simon and his team reconfirmed the power of setting goals and achieving them. This is a credible team development activity, very professionally run.

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### **Ross Nielson, MD Ross Nielson Properties**

"Thank you for a great experience. The climb was longer and harder than I thought it would be but, the way it was 'systemised' and managed made it not only achievable but fun. Having ex army personnel running the programme gives a great sense of professionalism and security. Many Thanks.

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### **Ken Bridges, MD B & R Enclosures**

"simon offered me an opportunity in a safe environment to test and extend my physical and emotional capability. The day was invigorating and challenging. I feel exhilarated at having achieved a goal that I know I would never have achieved any other way. Thanks to the team

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### **Steve Wilson, MD Wilson HTM**

"4 ½ hours of challenge managed by professionals with absolute safety. Great for bonding and for us a sense of achievement. I think this is a must for my senior management team. Thank you.

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### **Peter Lindores, Lindores Group**

"From the time we were under direction of the simon Small and his team, I knew this was going to be one of the biggest challenges I have faced. I feel that being lead by and interacting with the team and undertaking this challenge was one of the highlights of my life, but specifically due to the people who lead the activity this was definitely the best day of its kind I have ever had.

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### **Craig Spencer, Director Spencer-Carter Group**

"Today was an important turning point in my life. simon Small presented to my group a challenge that I believed that I could accomplish with some ease. This was not so, and this event has shown that I am not as emotionally or physically as equipped as I need to be. I need to priorities my fitness in my life plan. I was encouraged by the mww team affirming that what I had achieved was a success for me, so much so, that I have made a commitment to increase my health and fitness levels and return to take on this challenge again. Well done mww, I have enjoyed this experience

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### **bill Wild, Managing Director, John Holland Group**

"This getaway was exactly what this group needed, apart from all the other outcomes you will achieve it is just getting to know each other that makes this time so valuable. It is my intention to roll this out to all the divisions throughout John Holland Group. Thankyou."

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### **CB Richard Ellis**

- > I am really impressed and amazed at how we all handled ourselves as a group and as a team - and what we achieved - I took a lot away from that day - it was one of the best corporate days I have been to. (Peter Kneipp)
  - > Was a very concerned participant however I could not believe how we all overcame our fears during the day (John Dwyer)
  - > I got a chance to talk and interact with people who I wouldn't normally deal with in my day to day aspects of working at CBRE, I also got to see a few in a new light!!
  - > The abseiling was fantastic and a great experience.....the walk up the hill nearly killed me though!!! (Nicole Waters)
  - > I had a fantastic day, it was great to have the opportunity to go along and meet more cbre Thanks for organising a great day. (Nicole Webber)
  - > I must admit to be a less than willing participant at first, but would now recommend it to anyone. (Dennis Morgan)
  - > I found it a very rewarding and fulfilling day of activities and social interaction with my peers (Ed Bull)
  - > Had a great day and looking forward to the next one (Nick Corrie)
  - > It is etched in my memory forever as one of the more pleasant moments of my life. (Tania Moore)
  - > I never thought I would attempt abseiling but totally enjoyed it - looking forward to the next challenge (Marg Hutchison)
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"mww is really close to a one stop shop. When partnering with our people the outcome has always been amazing over the last 4 years, they understand how to align all resources to our outcome desires. See you next year" -chris Beer Ceo OPSM

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